

The Official Newsletter of Fight the Flame

Mewsletter Highlights

Fighter Spotlight

Page 2

Fight the Flame
5k and 1k Family
Roll & Stroll

Page 3-5

Support Group Information

Page 6

Color the World
Orange Day

Page 7



Meet Other CRPS Fighters

Walk, Run, Cheer

Win Fabulous Prizes!

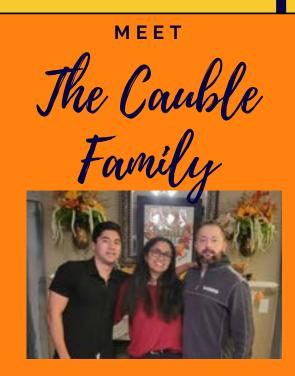
fighter Spotlight:

My Story

In 2017, everything changed for me (and my family) when I suffered a severe lower back injury requiring multiple surgeries and other treatments. At some point during the process, I developed classic signs and symptoms associated with Complex Regional Pain Syndrome. I was ultimately diagnosed with CRPS in my left leg nearly 2.5 years ago before it spread to my right leg as well. CRPS is a complex, complicated, and chronic disorder that affects every aspect of my life daily. I continue to have a difficult time describing it, and I continue to learn about related symptoms and systemic complications.

After learning about Fight the Flame, Lee and I began attending monthly Zoom meetings and we also attended the conference earlier this year. From the very first meeting, we felt so welcomed, and we benefit greatly from the educational speakers and the opportunity to join others who are impacted by CRPS. We are thankful for the organization, it's leadership and members, and we believe the organizational mission is critical to creating awareness, and in helping those currently impacted by this terrible disorder as well as those who may be impacted in the future.

As CRPS warriors are well-aware, a diagnosis can be life-changing for individuals, their families, and friends. I am so thankful for my family and friends for their continuous support no matter the situation.



FTF Fighter: Chad Cauble

Family: Wife, Lee and Son, Davis

Location: Mooresville, NC

Current hobbies: Spending time with my family, listening to relaxing music, and *now* searching for *new* hobbies that I might enjoy.



ways to Join the fun!

Sign up to walk or run OR Virtually Participate

Create

- Sign up 7 people to your team - your registration fee will be refunded
- Be the 1st to have 10 peopl on your team receive 20 tickets to our raffle!
- If you have the largest team – you will win 40
 FREE raffle tickets

Donate

- Any donation is welcomed!
- Challenge: Send the link or QR code to 5 people and ask for a donation of \$10. In doing so, you will raise at least \$50 and educate 5 people about CRPS
- Whoever has the most donations will receive an Amazon gift card



2023 FTF 5K/1K SPONSORS





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- Dental Staff Institute





Upcoming 2023 FTF Support Group Meetings

Meetings are from 1-3

September 9

Let's Connect

Meet other Fighters - Get Support - Ask Questions

October 14

EFT Tapping

Guest Speaker: Molly Purvines Certified Wayfinder Coach EFT Practitioner

November 11

Everything You

Wanted to know about

Delta 8/Delta 9

Lindsay Howard, MSP Greenlife Remedies

*All meetings will be via Zoom.

If interested in attending a meeting, please email Beth@fighttheflame.org to RSVP

Page 6

Colon the World Onange

When: Monday, November 6th

Why: To raise awareness for an illness that is still poorly misunderstood, providing support to those affected, and educating the world about its existence.

How: Celebrate this day by simply wearing orange. Take a picture and upload it, tell people why you are wearing orange, and include the official hashtags for the day to create as much engagement as possible.

For more information and how the cities around your are celebrating visit: https://www.colortheworldorange.com